

# COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child has one or more of these COVID-19 symptoms: Fever • Cough (new cough or worsening chronic cough) • Shortness of breath or difficulty breathing (new or worsening) • Runny nose • Sore throat



**Note:** Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

## Guidance

Your child is legally required to **isolate**

A COVID-19 test is recommended

## Testing

Decide if your child will be tested for COVID-19

Yes

No, or before you have your child's test result

Do:

Book a COVID-19 test for your child

- Online: [ahs.ca/covid](https://ahs.ca/covid)
- By phone: Call Health Link at 811



Try to book a test that is within 24 hours of your child's symptoms starting

Do:

Go to the COVID-19 test with your child

## Test Result

Do:

Get your child's COVID-19 test result



It may take 1 to 3 days to get your child's test result

- All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management
- For more information about getting your child's COVID-19 test result, go to [ahs.ca/results](https://ahs.ca/results)



Positive Test Result



Negative Test Result

## Next Steps

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

### What to do

Your child is legally required to stay home and **isolate** for **10 days from the start of symptoms**, or until they are gone, whichever is longer.

Household members should stay home for 14 days.

### What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

Household members are **not** required to isolate as long as they are asymptomatic.

### What to do

Your child is no longer legally required to isolate, but should stay home from school, childcare and other public spaces until they feel better.

### What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child has symptoms after these 14 days have passed, they should stay home from school, childcare and other public places until they feel better.

Household members are **not** required to isolate as long as they are asymptomatic

### What to do

Your child is legally required to stay home and **isolate** for **10 days from the start of symptoms**, or until they are gone, whichever is longer.

Household members are **not** required to isolate as long as they are asymptomatic.

# COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child has one of more of these COVID-19 symptoms: Chills • Painful swallowing • Stuffy nose • Headache • Muscle or joint aches • Feeling unwell, fatigue or severe exhaustion • Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite) • Loss of sense of smell or taste • Conjunctivitis, commonly known as pink eye



**Note:** Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

## Guidance

Your child should not attend school/childcare if they are feeling unwell

A COVID-19 test is recommended

## Testing

**Note:** If your child feels better while waiting to receive their test result, they can return to school, as long as they are not a close contact of a person who tested positive for COVID-19.

Decide if your child will be tested for COVID-19

Yes

Book a COVID-19 test for your child

- Online: [ahs.ca/covid](https://ahs.ca/covid)
- By phone: Call Health Link at 811

Try to book a test that is within 24 hours of your child's symptoms starting

Do: Go to the COVID-19 test with your child

No, or before you have your child's test result

## Test Result

Get your child's COVID-19 test result

It may take 1 to 3 days to get your child's test result

Do:

- All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management
- For more information about getting your child's COVID-19 test result, go to [ahs.ca/results](https://ahs.ca/results)



Positive Test Result



Negative Test Result

## Next Steps

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

### What to do

Your child is legally required to stay home and **isolate** for **10 days from the start of symptoms**, or until they are gone, whichever is longer.

**Household members should stay home for 14 days.**

### What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

Household members are **not** required to isolate as long as they are asymptomatic.

### What to do

Your child should stay home from school, childcare and other public spaces until they feel better.

### What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child has symptoms after these 14 days have passed, they should stay home from school, childcare and other public places until they feel better.

Household members are **not** required to isolate as long as they are asymptomatic

### What to do

Your child should stay home from school, childcare and other public spaces until they feel better.

# COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child is asymptomatic and has been identified as a close contact of a person who tested positive for COVID-19.

**Note:** Asymptomatic means that your child has **none** of the following symptoms: fever, cough (new cough or worsening chronic cough), shortness of breath or difficulty breathing (new or worsening), runny nose, sore throat, chills, painful swallowing, stuffy nose, headache, muscle or joint ache, feeling unwell, fatigue or severe exhaustion, nausea, vomiting, diarrhea or unexplained loss of appetite, loss of sense of smell or taste, conjunctivitis (pink eye)



## Guidance

Your child is legally required to isolate for 14 days

A COVID-19 test is recommended

## Testing

Decide if your child will be tested for COVID-19

Yes

No, or before you have your child's test result

Do:

Book a COVID-19 test for your child

- Online: [ahs.ca/covid](https://ahs.ca/covid)
- By phone: Call Health Link at 811

Try to book a test that is within 24 hours of when you were told about the close contact

Do:

Go to the COVID-19 test with your child

## Test Result

Do:

Get your child's COVID-19 test result

It may take 1 to 3 days to get your child's test result

- All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management
- For more information about getting your child's COVID-19 test result, go to [ahs.ca/results](https://ahs.ca/results)



Positive Test Result



Negative Test Result

## Next Steps

### What to do

Your child is legally required to isolate for **10 days from the date of their COVID-19 test**.

Household members should stay home for 14 days.

### What to do

Your child is legally required to stay home and isolate for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child develops symptoms at any point during their 14 day isolation, or after, they should be retested for COVID-19.

Household members are **not** required to isolate as long as they are asymptomatic.

### What to do

Your child is legally required to stay home and isolate for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child develops symptoms at any point during their 14 day isolation, or after, they should be tested for COVID-19.

Household members are **not** required to isolate as long as they are asymptomatic.